



California State Park Lifeguard

MAKE A DIFFERENCE! BECOME A CALIFORNIA STATE PARK SEASONAL LIFEGUARD I



STARTING PAY \$14.91 PER HOUR

BEGIN A REWARDING & CHALLENGING CAREER!

Work as a seasonal lifeguard for the California State Park System at a State Park beach, lake, or reservoir.

BE TRAINED IN:

- Advanced First Aid & CPR
- Open Water Lifesaving Techniques
- Aquatic Search and Rescue Procedures

REQUIREMENTS:

- Possession of a valid California drivers license with a good driving record at time of appointment.
- Physical strength and endurance.
- Willingness to work weekends and holidays.
- Visual and hearing acuity necessary to detect and rescue a struggling victim in the water.

In accordance with AB 1531, any person admitted to the interview and who is receiving State Public Assistance under the Aid to Families with Dependent Children Program shall be given priority consideration. Equal opportunity to all regardless of sex, race, ancestry, disability, age or sexual orientation.

TO QUALIFY: Picture I.D. is REQUIRED on the day of the swim test. All minors are required to have a parent or guardian PRESENT on the day of the swim test for swim test waiver signature.

- 1.) You must pass a **COMPETITIVE** swimming test consisting of the following:
 - 1,000 yard open water swim. Time limit of 20 minutes.
 - A continuous 200 yard run, 400 yard swim, 200 yard run. Time limit of 10 minutes.
- 2.) Qualification appraisal interview.
- 3.) Successful completion of the California State Park Lifeguard Training Program.(8days)
- 4.) Successful completion of work location Field Training Program.

OCEAN TESTING DATES AND LOCATIONS:

Huntington State Beach	Saturday, March 7, 2009	9:00 am
Ventura (San Buenaventura) State Beach	Sunday, March 8, 2009	9:00 am
Silver Strand State Beach	Saturday, March 14, 2009	9:00 am
Rio Del Mar State Beach	Saturday, March 14, 2009	9:00 am
South Carlsbad State Beach	Sunday, March 15, 2009	9:00 am
Leo Carrillo State Park	Saturday, March 21, 2009	9:00 am
San Clemente State Beach	Saturday, March 28, 2009	9:00 am
Refugio State Beach	Sunday, March 29, 2009	9:00 am
Monterey State Beach	Saturday, April 4, 2009	9:00 am
Crystal Cove State Park	Saturday, April 4, 2009	9:00 am

LAKE TESTING DATES AND LOCATIONS:

Perris Beach, Lake Perris SRA	Sunday, March 29, 2009	9:00 am
Millerton Lake State Recreation Area	Saturday, April 4, 2009	10:00 am
San Luis Reservoir SRA	Saturday, April 18, 2009	10:00 am
Beals Point, Folsom Lake SRA	Saturday, April 18, 2009	9:00 am
Perris Beach, Lake Perris SRA	Saturday, April 25, 2009	9:00 am
Beals Point, Folsom Lake SRA	Saturday, May 16, 2009	9:00 am

FOR FURTHER INFORMATION PLEASE CALL:

San Diego County, South	619-435-0126
San Diego County, North	760-438-2675
Orange County, South	949-366-8509
Orange County, Central	949-497-7641
Orange County, North	714-377-5691
Los Angeles County, North	310-457-2585
Ventura County	805-648-3321
Santa Barbara County	805-968-3834
Monterey County	831-649-2808
Santa Cruz County	831-427-4868
San Mateo County	650-726-8806
Sonoma Coast	707-865-2391

Southern California Lakes & Reservoirs

Northern/Central California Lakes & Reservoirs

Perris Lake:	951-940-5645
Silverwood Lake:	760-389-2281
Folsom Lake:	916-988-0205
Millerton Lake:	559-822-2332
San Luis Reservoir:	209-826-1197

2009 LIFEGUARD TRAINING PROGRAMS (all programs are 8 day/80 hours):

Ocean Lifeguard Training Dates @ Huntington State Beach

- I. Weekends May 9-10, 16-17, 23-24, May 30-31
- II. Sunday, June 7 through Sunday, June 14
- III. Saturday, June 20 through Saturday, June 27

Lake Lifeguard Training Dates @ Lake Perris

- I. Monday, June 15 through Monday, June 22

Want to Learn More?

Visit our website and watch our State Lifeguard Training video!

Go to:

www.parks.ca.gov/aquaticsafety

For more information and questions contact:

AquaticSafety@parks.ca.gov